

how to play

POOH STICKS

Pooh sticks might sound a bit rude, but it's actually named after the bear that created it, Winnie-the-Pooh. Now that you've stopped giggling, here's how you play:

ask a grown-up to help

1 Find a bridge over running* water



On the count of three, drop your sticks into the water at the same time.



2 Find yourself a stick. A good one.



6 Run to the other side of the bridge and wait for your sticks to appear. The winner is the person who's stick comes out first.



3 Get to know your stick. Give it a name. Look at it. You'll need to be able to recognise it later.

Top tip: heavier and longer sticks are usually the fastest



4 Get everyone who's competing to line up on the bridge and hold their sticks above the water at arms length.



7 Repeat until every decent stick in the area has competed.

come on STEEEVVVEE



* not troubled