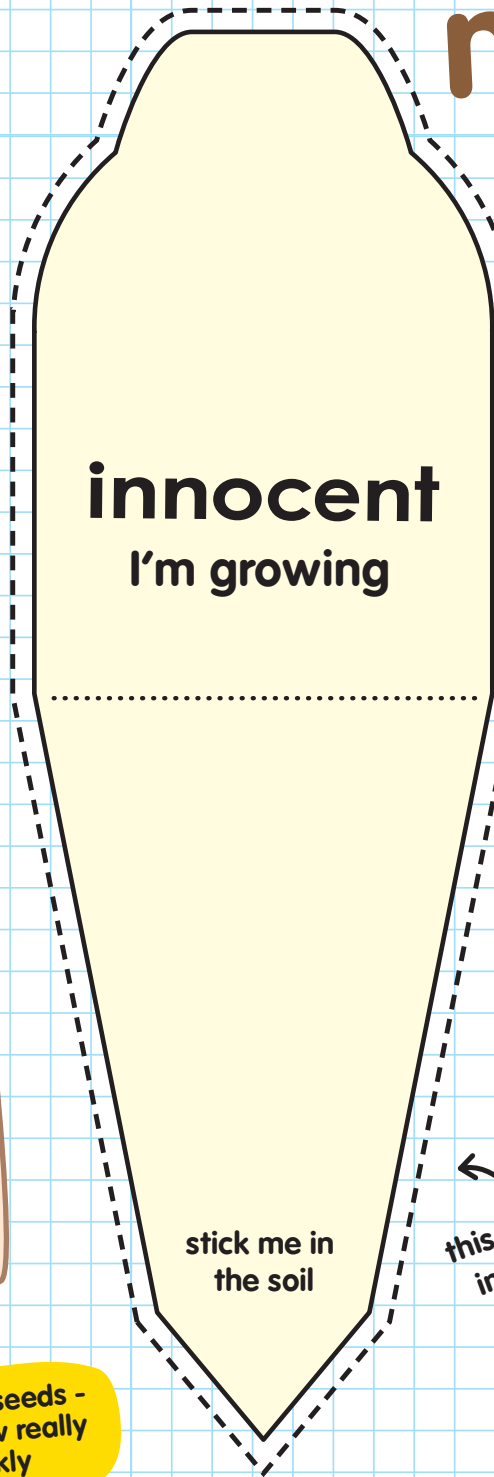


# sow & grow planter maker

**You will need:** seeds, plant pot, thick card, pens, pencils or paints

- 1** Plant some seeds in a plant pot (any pot will do).
- 2** Find a piece of card and trace the outline of the planter onto it using a thick black pen.
- 3** Draw the plant you're growing onto the planter and get creative colouring it in.
- 4** Stick the planter into your plant pot and wait patiently for your seeds to grow.



## Why growing your own veg is great

- No one can tell you off for getting mud on your hands.
- You get to wear fancy wellies.
- You might spot a mole. Or a really big worm.
- Shiny spades. And an excuse to get the hose out.
- You get to eat something tasty at the end of it.

try cress seeds - they grow really quickly

